

HIGHLAND STRINGS DAY

Benedetti Foundation Strings Day

Friday 17th February 2023 – Inverness Leisure

(Bught Lane, Inverness, IV3 5SS)

REGISTER YOUR CHILD AT THIS LINK:

<https://surveys.highlifehighland.com/s3/Benedetti>

REGISTRATIONS WILL CLOSE ON MONDAY 13TH FEB AT 9am

The day will run as follows:

9.30-10.00 Registration (Hall 1 – main sports hall)

10.00-10.15 Warm Up

10.15-10.30 Welcome Session

10.30-10.40 Instruments Out

10.40-11 Instrumental Warm Up - Session 1

11.00-11.15 Break

11.15-12.00 Session 2

12.00-12.45 Lunch – ALL PARTICIPANTS WILL NEED A PACKED LUNCH (not allowed to leave the venue)

12.45-1.30 Session 3

1.30-1.45 Break

1.45-2.30 Session 4

2.30-2.45 Families welcome to come back for final sharing if collecting participants

2.45-3.00 Final Sharing (then coaches will leave by 3.10)

HLH are providing coach transport on the following routes (more detail on the registration survey)

- 1) Wick/Thurso + pupil collection at Golspie HS
- 2) Tain RA + pupil collection at Invergordon Ac & Alness Ac
- 3) Lochaber HS + pupil collection at Fort Augustus & Drumnadrochit
- 4) Strathpeffer Pr + pupil collection at Dingwall Ac
- 5) Kingussie HS + pupil collection at Aviemore Pr & Grantown Pr
- 6) Portree HS + pupil collection at Broadford & Kyle
- 7) Ullapool HS
- 8) Gairloch HS

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